

## China's Master Wan Su Jian and his Medical Staff Visit La Grange

Visiting the U.S.A. to hold instructional symposiums across the nation, Master Wan Su Jian, founder and Head Physician of The Beijing Red Cross Traditional Medical Exchange Center and Qigong Headquarters, scheduled a two day visit in La Grange to perform Qigong sessions at The Blue Feather, 19 W. Harris Ave., in La Grange. Hosted by Medical Director of Integrative Medicine at Loyola University Health System, Dr. Tony Lu, world renowned Master Wan and his staff provided revitalizing sessions with customers of the shop.

"To experience the healing energy of Qigong was absolutely amazing. I feel so renewed. The session was outstanding," said customer Carol Golden of Westchester.

Master Wan has received China's highest medical honors. He has twice been awarded the certificate of Third Merit of the Army. He also was chosen as a brilliant contributor of excellent merit in Chinese Medical Public Health for his contributions to the famous Chinese Medical Dictionary. He is a published author of many books and has been featured in documentaries on television worldwide.

Master Wan and his staff use research, teaching, training and clinical treatment at the facility in China where people are welcomed from all over the world. Forming high level doctor, nurse, technician and pharmacist teams, they have been treating geriatric illnesses, cancer, partial paralysis, bone problems and other difficult cases of illness for many years with success. The doctors

and nurses at the Red Cross center use various traditional Chinese methods to treat patients and strengthen the immune system including Chinese herbal medicine, emitting Qi, and acupuncture.

Qi means energy. Based in traditional Chinese medicine, Qigong, literally energy work, forms the foundation of traditional Oriental healing arts. Qi Gong (pronounced Chi Kung) is an ancient Chinese energy (Chi) practice. The Yi Jing - Book of Changes (1122 B.C.) was probably the first Chinese book related to Qi. It introduced the concept of the three natural energies or powers (San Cai): Tian (Heaven), Di (Earth), and Ren (Man). Studying the relationship of these three natural powers was the first step in the development of Qigong. As a self-healing art it combines movement and meditation. Visualizations are employed to enhance the mind/body connection and assist healing. Qigong is believed to be the fastest and most powerful energy practice on the planet and is practiced by over 200 million each day.

Master Wan is well-known for his graciousness, caring and generosity. He helps provide medical care and other necessities to many orphans and poor, and has also adopted and educated many Chinese children.

"It was such a thrill to have Master Wan and his staff here. The store was overflowing with people who were excited to see him. I am so happy that he will be able to return again next November. He is simply marvelous," said Rhonda Day, owner of The Blue Feather.



Master Wan Caption: Founder and Head Physician of Beijing Red Cross Traditional Medical Exchange Center and Qigong Headquarters, Master Wan Su Jian and his staff, Dr. Miao Zong Yu, Dr. Sun Hua Ling, and nurses Wang Yu Jie and Jiang Ran Ran performed a Qigong session with Diana Anastazia, November 18, at The Blue Feather in La Grange. Master Wan is world renown and has been featured in many television documentaries.

Photography by Debra L. Solomon